

# LIFE-CHANGING EMPOWERMENT WORKSHOPS

Transform your thinking, relationships,  
earning potential, performance and success

with empowerment coach  
and author Olga Shean

Take Olga's life-changing weekend workshop and discover how to:

- take charge of your life
- address challenges / conflicts / crises
- heal your relationships
- resolve money and work issues
- boost your health and energy levels
- understand what's driving your circumstances

Founder of **Humdygenics** (*hum-dee-genics*)—the science of human empowerment and fulfillment—Olga is an expert in human dynamics and subconscious programming. Her system of self-mastery enables you to make sense of your life and take charge of your circumstances.

**WHERE:** Dalkey/Glenageary area

**WHEN:** 10am-4pm, Sat & Sun, 27 & 28 February

10am-4pm, Sat & Sun, 27 & 28 March

**HOW MUCH:** €145 per person (max. 10 participants)

**TO REGISTER:** call 685 2600

**Re-boot your life and start thriving!**



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